Cancer Screenings and Community Outreach Report The University of Toledo Medical Center Cancer Committee 2017

COMMUNITY OUTREACH

At The Eleanor N. Dana Cancer Center at The University of Toledo, we see the effects of cancer first-hand. Our efforts to defeat it don't stop when we step outside our facility. Below are several initiatives, partnerships and events to which we've lent a hand to keep cancer on the forefront of awareness, even as we seek to obliterate it.

SCREENING HIGHLIGHTS:

2017 Cancer Screening Programs

Screening Needs of the Community

Lucas County has a higher rate of late stage breast cancer (29.3%) than breast cancer rates in Ohio (28.9%) and the U.S. (27.5%). African Americans and medically underserved are key priority groups.

In 2017, The University of Toledo received a Susan G. Komen® Northwest Ohio grant to provide free mammography screening events. Women received a clinical breast exam, mammogram and health coaching. Dates of the events were:

- 2/10/2017 (UTMC)
- 4/7/2017 (UTMC)
- 8/25/2017 (UTMC)
- Nov. and Dec. 2017 (Mobile screenings)

In the first three screenings, 31 were women screened and three required further follow-up, no biopsies were required.

Other screening programs included:

- Skin cancer community education program on May 25
- Lung cancer screenings were offered in the first quarter of 2017
- More than 25 free clinical breast exams were offered at the Pride Festival held in August 2017
- Oral head and neck cancer screening exams were offered as a standard of care on all dental patients (4750 patients were screened)
- Anal Pap smears were given to patients who are seen in the Ryan White HIV/AIDS clinic (900 screenings were completed)

HEALTH COACHING:

The Center for Health and Successful Living, in partnership with The Cancer Center, provided health coaching and biometric measurement services to 30 breast cancer

survivors. The six-month program was funded by a grant from Susan G. Komen® Northwest Ohio.

AMERICAN CANCER SOCIETY ACTIVITES:

In 2017, The Eleanor N. Dana Cancer Center at The University of Toledo, in partnership with The American Cancer Society offered a variety of supportive programs and services to patients with cancer. Among them were:

- The Look Good, Feel Better classes for women dealing with hair loss and skin changes resulting from chemotherapy and radiation were held six times at The Cancer Center
- Lodging provided at Extended Stay American for patients on treatment
- The Road to Recovery program, staffed by area volunteers, offered free transportation to and from treatment for patients who do not have a ride or are unable to drive themselves.

INTEGRATIVE THERAPY/VICTORY CENTER COLLABORATION:

The Eleanor N. Dana Cancer Center at The University of Toledo, in collaboration with The Victory Center, provided free massage and other integrative therapy services to patients undergoing chemotherapy. Future offerings will be expanded to include art therapy.

SUPPORTING CANCER RESEARCH AWARENESS AND COMMUNITY SERVICES:

UTMC sponsored or participated in numerous cancer-related community events in 2016 and 2017. Among them were:

- Making Strides Against Breast Cancer Walk flagship sponsor
- Ellen Jackson Ovarian Cancer Walk sponsor and host
- Susan G. Komen Race for the Cure sponsor and team
- Rockets for the Cure basketball game basket fundraiser
- Nightingale's Harvest Food Bank food and supplies are collected annually by staff to support this local non-profit that provides free food and hygiene products to cancer patients and their families during and three months after treatment
- Numerous Victory Center fundraising and awareness events

EDUCATION

In 2017, The Cancer Center offered a variety of community wellness information programs. Topics included:

- Heart Health and Cancer
- Triple Negative Breast Cancer
- Nutrition and Cancer
- Skin Cancer Awareness and Prevention
- Essential Oils

- Dealing with the Menopausal Effects of Cancer
- Lymphedema from Head to Toe

Several videos were produced to introduce various topics relevant to our patients and community, including the importance of using sun screen products, pet therapy and lymphedema.

The third annual Survivorship celebration held on June 8, 2017 was attended by more than 200 people.

PROGRAMMATIC HIGHLIGHTS UT ACCESS PHARMACY PROGRAM

The outpatient pharmacy team established a new drug access pharmacy program that launched in July of 2016 in an effort to manage costs and improve the care of patients seen in our outpatient clinics. The pharmacy team has partnered with The Eleanor N. Dana Cancer Center at The University of Toledo to complete prior authorizations, provide face-to-face appointments, case-management services, and acquire specialty medications for patients seen by UTMC providers. This new pharmacy program provides the following additional services to our patients:

- Drug adherence monitoring
- Prior authorization assistance
- Patient counseling
- Funding support and benefits investigation
- Case-management services
- Documentation of progress to providers
- Indigent recovery

Pharmacy Program Growth:

- From program implementation in July 2016 through December 2016, the UT Access Pharmacy Program achieved the following:
 - Completed over 200 complex prior authorizations for patients seen in specialty clinics
 - Filled over 125 specialty medication prescriptions, thereby improving continuity of care and providing high-quality patient care and drug monitoring
 - Provided over \$62,000 in funding support or copayment assistance to patients who cannot afford their oral oncolytics and other medications
 - The UT Access Pharmacy works with multiple drug manufacturers, the HealthWell Foundation, the Leukemia and Lymphoma Society, and the Patient Assistance Network to help patients manage their copayments for lifesaving medications that may otherwise be unaffordable.
- Adherence Program:
 - We offer a comprehensive adherence program that monitors refills for our patients' specialty medications, including oral oncolytics. Our program works closely with the nursing staff and physicians in the The Cancer Center to maintain an adherence program ensuring that laboratory monitoring parameters are obtained before and during outpatient treatment with oral oncolytics.
- Indigent Recovery:

 We are in the process of implementing an indigent recovery program to recoup drug stock from manufacturers through some of their charitable programs to help further support our indigent population with the costs of their hospital stay.

Patient Financial Navigation: One full-time staff provides patients with financial assistance in the forms of co-pay cards and drug replacement programs. The dollars recouped from these programs greatly assist patients with their out-of-pocket responsibility. The navigator has been integral in implementing oncology care model resources; a critical role of the multi-disciplinary care team.