Cancer Screenings and Community Outreach Report UTMC Cancer Committee 2015

SCREENING OUTCOMES

1st Annual Cancer Survivorship celebration held June 25

Free Skin Screening by Dr. P.K. Chaudhuri at the celebration (31 screened, 5 recommended follow-up)

\$99 Lung Cancer Screenings held monthly in 2015, 40 low-dose CT screening performed at UTMC with 6% positive lung cancer cases diagnosed.

Free Mammograms April 2015 at Eleanor N. Dana Cancer Center - 12 patients screened. No findings of cancer.

CANCER AWARENESS

March 3: "A Different Shade of Pink" — program presenter for triple negative breast cancer patients/guests

May 9: "Making Strides Against Breast Cancer" Walk — flagship sponsor (also had team and display)

September 9: Ellen Jackson Ovarian Cancer Walk (in collaboration with the Ovarian Cancer Connection) — sponsor and host

September 27: Susan G. Komen "Race for the Cure" — sponsor for local race

November 1: "Light the Night" Walk for Leukemia and Lymphoma — participating team

November 6: "Get it Glowing" Lung Cancer Awareness Run — host site

December 6: Relay for Life — host and team — University of Toledo surpassed our \$55,000 goal

LUCAS COUNTY BREAST HEALTH COALITION – 5 Eleanor N. Dana Cancer Center employees participated in 2015

- April 11: Breast Cancer Survivorship conference participating host, supported by northwest Ohio Susan G. Komen grant
- Developed brochure to educate public about genetics and breast cancer
- Developed brochure for patients to find breast health support services

AMERICAN CANCER SOCIETY ACTIVITES:

Pilot participant in Road to Recovery program (transportation for patients on treatment) "Volunteers Provide Critical Transportation for Cancer Patients"

• Every month, some Lucas County cancer patients struggle to find a ride to treatment. According to the 2013/2014 Lucas County Community Health Assessment, 5% of adults were unable to seek medical care due to lack of transportation. Working with local volunteers who donate their time and cars to help, the American Cancer Society Road To Recovery program provides transportation to and from treatment for people with cancer who do not have a ride or are unable to drive themselves. In the last year, the local American Cancer Society office has recruited and trained volunteers, and now the program is running across Lucas County. UTMC received Outstanding Support Award at recent "Celebrating Hope" event for being the pilot site,

In 2015 volunteers have helped 32 patients with 283 rides at UTMC

Look Good, Feel Better program held 6 times. 6-8 women participating each session, 28 women were served with this program in 2015.

Offered lodging with American Cancer Society for patients with cancer utilizing Extended Stay America.

Collaboration for Clinical Trials Awareness Week

- Various health care systems/organizations collaborated to bring awareness to cancer clinical trials
- UTMC posters displayed, Facebook posts, video story on clinical trials patient published in Toledo Blade, UT News and on website

YMCA LIVESTRONG COLLABORATION

Livestrong at the YMCA/South YMCA at the Morse Center on the Campus of the University of Toledo Medical Center

2015 - Offered free 12 week program for cancer survivors

INTEGRATIVE THERAPY/VICTORY CENTER COLLABORATION

Free chemotherapy patient massage and other integrative therapy services with the Victory Center Collaboration ongoing and expanding (art therapy)

UTMC participated in numerous fund raising and awareness events for the center, including a fashion show and celebrity waiter night.

EDUCATION:

CME symposium held on multiple myeloma on 1/30/15

"Tie One On" Lecture Series

April: Dr. Schroeder, topic: brain tumors May: Dr. Mabry topic: breast cancer June: Dr. Willey topic: lung cancer July: Dr. Baskara topic: colon cancer

August: Dr. Reddy topic: radiation oncology

Sept: Dr. Jain topic: prostate cancer

Oct: Dr. Mohamed, and others topic: lymphedema

Nov: Dr. Willey topic: lung cancer/screening

Several UTMC health check videos on Lung, Prostate, and other cancer topics

- Essential oils program held June 16
- Pet therapy programs held in August
- Lymphedema program held Oct. 15

HELPING OUT:

Nightingale's Harvest Food Bank is a local non-profit that provides free food and hygiene products to cancer patients/families during treatment and for 3 mos. following treatment.

Nearly 430 lbs of food and supplies were collected over the month of August 2015 by the staff of the Eleanor N. Dana Cancer Center